

# Artful Living

## Art & Healing: Color In Art

As the winter season slowly bows its head to the coming of spring and its delicate offerings of color, the Carbondale Council for the Arts & Humanities (CAAH) presents, **Art & Healing: Color In Art.**

The exhibit, originally conceived by Artist Charles Andrade and his wife, Karyn in a conversation with CCAH Director, Jolie Ramo, is an exhibit that explores the boundaries of color as a primary design element of visual imagery in painting.

They will also present a lecture series that delves into the effects of color and a workshop focusing on the art of color during the month of April.

The exhibit at the CCAH gallery in Carbondale at 645 Main Street will display the work of artists Charles Andrade, Virginia Carrithers, Sheri Gaynor, Nancy Kullgren and Mary Whalen.

The lectures during April, all held at the Waldorf School on the Roaring Fork, will explore the topic of color through the prism of different fields of study.

Beginning the series will be a talk by artist/Lazurist Charles Andrade on *Art as a Meditative Path: An Introduction to Goethe's Color Theory*, and will be held on Tuesday April 5th at 7pm.

On Monday, April 11th at 7pm, Artist/teacher Gerry Michels will offer an interesting talk on *The Healing Art of Spectra-Chrometry* which he has practiced for over 28 years. Sheri Gaynor of Metamorphosis Expressive Arts Studio in Carbondale will discuss *Color as Language, Meaning & Metaphor*.

Rounding out the lecture series on April 19th, at 7pm, Dr. Will Evans will speak on *Tending the*



**"Holy Space" by Charles Andrade**

*Fire Within.* Dr. Evans will share the evening's presentation with Virginia Carrithers who will discuss her own creative healing process in a talk entitled *The Healing Power of Creativity: Connecting to the Eternal Fire Within.*

There will also be a hands-on workshop taught by Charles Andrade called, *Goethe Color Theory in Practice* on Saturday, April 9th from 10am to 1pm at the Artists Resource Center on Main Street in Carbondale. Participants will explore basic color theory and color harmonies based on Goethe's research on the relationship between color and human psychology. The design principles of color, value and composition will be worked with as the format for visual imagery.

All participants need to bring a set of chalk pastels and a pastel pad for the exercises. Admission to this one time workshop is \$25. Please call the CCAH at 963-1860 or 970.309.5559 for more information.

## COVER ARTIST

This month, we are proud to feature the artwork of artist/Lazurist, Charles Andrade on our April cover!

Charles Andrade paints in the color-field style that has evolved from his initial training in Anthroposophic Art therapy, which he studied in England at Tobias Center for Arts & Art Therapy. It was there, while a student of the Goethean color theory that he learned how Color is a living interaction between darkness and light and how this dynamic drama is mirrored in the life of the human soul. Charles was also schooled in the art of Lazure, a unique European wall treatment. Charles owns and operates Lazure Custom Wall Designs. He accepts commissions for murals as well as the more traditional decorative painting techniques and faux finishes and Andrade's paintings can be found in private collections in the United States, Canada and Europe.

When asking Andrade about the cover painting, he offered the following: "This painting evolved from memory - based on various trips to the southwest. I never made sketches for this image but years later it evolved out of colors I was working with. Much of my artwork is created this way, starting from certain colors, letting them take me where they will, based on their particular harmonies. Working 'out of the color' like this I find I'm not working alone but have the help of the



innate qualities of Color - the expansiveness of yellow, the inwardness of blue and the dynamic force of red to lead me to the next step. The painting process becomes more of a visually meditative one where I try to align my own creative impulse with a more objective force. I strive to find a dynamic balance between my own imagination and what the living quality of the colors is trying to say to me."

Andrade's work can be seen this month, at the Carbondale Council for the Arts and Humanities in a show entitled, *Art & Healing: Color in Art*. He will also be lecturing on *Art as a Meditative Practice: Intro to Goethe's Color Theory, Tuesday, April 5th* and teaching a painting workshop on *Form* more information about Andrade's fine art or decorative wall work please call: 970.948.8056 or email

Examples of work can be seen on his website: [www.lazure.com](http://www.lazure.com)

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Carbondale Council on the Arts & Humanities  
 Presents...

### Art & Healing

**EXHIBIT:** *Color in Art* \* CCAH Council Gallery \* 645 Main St \* Carbondale  
 Artist Reception: Friday, April 1st, 6-8pm, Show runs April 1st - 28th

**LECTURES:** at the Waldorf School on the Roaring Fork \* \$5 per lecture  
**Charles Andrade** \* Tuesday, April 5th, 7pm \* 948-8056 \* 309-5559  
**Gerry Michel & Sheri Gaynor** \* Monday, April 11th, 7pm \* 928-7733 \* 618-0561  
**Dr. Will Evans & Virginia Neary Carrithers** \* Tuesday, April 19th, 7pm \* 963-1393

**COLOR PAINTING WORKSHOP:** "Goethe Color Theory in Practice" \* Charles Andrade  
 Saturday, April 9th, 10am-1pm \* \$25 per student  
 Location: Artists' Resource Ctr \* 579 Main St. \* Carbondale \* 618-1399

Co-Sponsored by CCAH and Davi Nikent

CAAH \* 645 Main St. \* Carbondale \* 963-1680 \* [www.carbondalearts.com](http://www.carbondalearts.com)

## Frames & Finds

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